



The Intensive Care Professionals

Fundamental Critical Care Support: Surgical Sample Agenda Option B

Modules to Complete Online Before Attending Course		
19 min	Recognition and Assessment of the Seriously III Patient	
37 min	Neurologic Support	
32 min	Basic Trauma and Burn Support	
27 min	Acute Coronary Syndrome	
25 min	Management of Life-Threatening Electrolyte and Metabolic Disturbances	
29 min	Life-Threatening Infections: Diagnosis and Antimicrobial Therapy Selection	

	Day 1
7:30 a.m. – 7:45 a.m.	Welcome and Course Announcements
	FCCS: Surgical Overview
7:45 a.m. – 8:30 a.m.	Diagnosis and Management of Acute Respiratory Failure (ARF)
	Define and classify ARF
	Discuss pathophysiology and manifestations of ARF
	Review management principles of ARF
8:30 a.m. – 9:15 a.m.	Mechanical Ventilation I
	Describe the characteristics of different types of breaths and modes of
	invasive and noninvasive mechanical ventilation
	Discuss indications and techniques for noninvasive positive pressure
	ventilation
	Outline settings and monitoring for initiation of mechanical ventilation
9:15 a.m. – 10:00 a.m.	Mechanical Ventilation II
	Review guidelines for initial ventilator management strategies in specific
	clinical situations
	Describe interactions between ventilatory parameters
	Detail the modifications needed to avoid harmful effects of mechanical
	ventilation
10:00 a.m. – 10:15 a.m.	BREAK
10:15 a.m. – 11:00 a.m.	Monitoring of Oxygen Balance and Acid-Base Status
	Outline the determinants of oxygen balance
	Recognize disorders of oxygen delivery
	Identify principles of techniques for monitoring oxygen balance, including their
	limitations
	Explain the use of acid-base status to monitor the seriously ill patient
11:00 a.m. – 11:45 a.m.	Diagnosis and Management of Shock
	Identify the primary categories of shock
	Discuss the goals of resuscitation in shock
	Summarize the principles of shock management
	Describe the effects of vasopressor and inotropic agents
	Discuss the differential diagnosis and management of oliguria
11:45 a.m. – 12:30 p.m.	LUNCH

12:30 p.m. – 1:15 p.m.	SKILL STATIONS A and B
	 A. Mechanical Ventilation 1 Describe indications for initiation of mechanical ventilation Modify the ventilator prescription in response to patient data B. Assessment of the Critically III Postoperative Patient Identify common postsurgical conditions related to critical illness Identify and manage common postanesthetic complications in surgical patients Prioritize and manage common postsurgical complications in a patient with complex medical comorbidities
1:15 p.m. – 2:00 p.m.	SKILL STATIONS A and B
	 A. Mechanical Ventilation 1 Describe indications for initiation of mechanical ventilation Modify the ventilator prescription in response to patient data B. Assessment of the Critically III Postoperative Patient Identify common postsurgical conditions related to critical illness Identify and manage common postanesthetic complications in surgical patients Prioritize and manage common postsurgical complications in a patient with complex medical comorbidities
2:00 p.m. – 2:45 p.m.	SKILL STATIONS C and D
	C. Mechanical Ventilation2 Describe the approach to a high-pressure alarm Practice ventilation adjustments in response to changes in patient status D. Hypotension After Abdominal Operation Discuss causes of shock in the postoperative patient Identify risk factors for abdominal compartment syndrome (ACS) Explain the diagnostic criteria for ACS
2:45 p.m. – 3:30 p.m.	SKILL STATIONS C and D
	C. Mechanical Ventilation 2 Describe the approach to a high-pressure alarm Practice ventilation adjustments in response to changes in patient status D. Hypotension After Abdominal Operation Discuss causes of shock in the postoperative patient Identify risk factors for abdominal compartment syndrome (ACS) Explain the diagnostic criteria for ACS
3:30 p.m. – 3:45 p.m.	BREAK
3:45 p.m. – 4:30 p.m.	 Approach to the Surgical Patient, Part 1: Overview of the Care of Critically III Patients Describe the physiologic derangements that occur with surgical care Identify common complications that occur in critically ill surgical patients Identify adverse events and drug interactions from anesthetics in the postoperative period Describe the factors involved in a successful handoff of a critically ill surgical patient to the ICU team
4:30 p.m. – 5:15 p.m.	 Approach to the Surgical Patient, Part 2: Surgical Emergencies Recognize the signs and symptoms of a surgical emergency based on a patient's history and clinical presentation Prioritize appropriate treatment and management of a surgical emergency Optimize the use of damage control techniques Use frailty assessment to stratify perioperative risk

5:15 p.m. – 5:30 p.m.	WRAP UP-DAY 1
	l l

	Day 2
7:30 a.m. – 7:45 a.m.	Welcome and Announcements
7:45 a.m. – 8:30 a.m.	 Surgical Airway Emergencies Recognize tracheostomy complications and outline steps for immediate action Recognize postoperative neck hematoma and outline steps for immediate action Discuss management of upper airway obstruction due to angioedema Review techniques for needle and surgical cricothyroidotomies
8:30 a.m. – 9:15 a.m.	Neurosurgical ICU Review principles of brain insult and mechanisms of neuronal injury Apply concepts of intracranial hypertension and brain oxygen delivery and consumption to management of patients with brain injury Review the clinical and diagnostic assessment of patients with brain injury List common treatments in patients with brain injury Review management principles for selected pathophysiologic conditions
9:15 a.m. – 10:00 a.m.	 Abdominal Surgical Emergencies: Part 1 Recognize various abdominal emergencies and the importance of early surgical consultation Identify the signs, symptoms, and risk factors of megacolon and the importance of early consultation of surgical and other specialty services Describe the various causes of small bowel obstruction, as well as surgical versus nonsurgical management Define primary, secondary, and tertiary peritonitis and discuss their clinical manifestations and treatments Describe the diagnosis and treatment options for acute cholecystitis and biliary urgencies Explain the etiology, presentation, diagnosis, and treatment of esophageal perforation
10:00 a.m. – 10:15 a.m.	BREAK
10:15 a.m. – 11:00 a.m.	Abdominal Surgical Emergencies: Part 2 Classify and predict the severity of acute pancreatitis Discuss management of acute pancreatitis and its complications Explore the differences between upper and lower gastrointestinal bleeding Review diagnostic methods and management principles of gastrointestinal bleeding Review the diagnosis and management of intra-abdominal hypertension and abdominal compartment syndrome
11:00 a.m. – 11:45 a.m.	 Cardiovascular Surgical Emergencies Identify patients with bleeding after cardiovascular surgical procedures, including cardiopulmonary bypass grafting (CABG), percutaneous coronary interventions, and percutaneous arterial interventions Outline basic management and interpretation of chest tubes placed during CABG Identify signs, symptoms, and therapeutic options for patients with cardiac tamponade after CABG Identify signs, symptoms, and therapeutic options for patients with vasoplegia; pulseless extremities; and suspected complications from insertion of intravascular sheaths, lines, and other devices
11:45 a.m. – 12:30 p.m.	LUNCH
12:30 p.m. – 1:15 p.m.	SKILL STATIONS E and F

	E. ICU Care for the Multisystem Trauma Patient
	Interpret, troubleshoot, and manage elevated intracranial pressure
	Discuss chest tube basics and troubleshooting
	Discuss diagnosis and management of abdominal compartment syndrome
	Discuss diagnosis and management of extremity compartment syndrome
	F. Integrated Abdominal Sepsis
	Recognize surgical emergencies in patients without surgical illness
	Interpret, troubleshoot, and manage abdominal pain in critically ill patients
1:15 p.m. – 2:00 p.m.	SKILL STATIONS E and F
	E. ICU Care for the Multisystem Trauma Patient
	Interpret, troubleshoot, and manage elevated intracranial pressure
	Discuss chest tube basics and troubleshooting
	Discuss diagnosis and management of abdominal compartment syndrome
	Discuss diagnosis and management of extremity compartment syndrome
	F. Integrated Abdominal Sepsis
	Recognize surgical emergencies in patients without surgical illness
	Interpret, troubleshoot, and manage abdominal pain in critically ill patients
2:00 p.m. – 2:15 p.m.	BREAK
2:15 p.m. – 3:00 p.m.	Management of Special Populations
	Outline the diagnosis and management of pulmonary embolism
	Describe prophylactic therapy for venous thromboembolism
	List general management principles for severe gastrointestinal hemorrhage
	 Describe appropriate prophylactic therapy for the prevention of stress-related gastritis
	Summarize the principles of poisoning management
	Outline the diagnosis and management of frequent hematologic and
	oncologic emergencies
3:00 p.m. – 3:45 p.m.	Surgical Soft Tissue Complications and Urgencies
	Identify a normal healing wound
	Recognize wound dehiscence and infection
	Recognize and manage necrotizing soft tissue infection
	Recognize and manage compartment syndrome
3:45 p.m. – 4:30 p.m.	WRAP-UP DAY 2
1 h h	