



The Intensive Care Professionals

## Fundamental Critical Care Support: Obstetrics Sample Agenda Option A

Modules to Complete Online Before Attending Course			
35 min	Physiologic Changes During Pregnancy		
23 min	Airway Management in the Pregnant Patient		
27 min	Hemodynamic Monitoring		
32 min	Preeclampsia/Eclampsia		
40 min	Sepsis in Pregnancy		
30 min	Thromboembolic Disease and Pregnancy		
41 min	Obstetric Hemorrhage		
34 min	Maternal Cardiac Arrest		
39 min	Fetal Evaluation and Fetal Concerns in the Seriously III Pregnant Patient		
37 min	Nonobstetric Surgical Diseases in the Pregnant Patient		
21 min	Pregnancy-Related Acute Kidney Injury		
29 min	Management of Delivery and the Newborn		
34 min	Transport of the Critically III Pregnant Patient		
42 min	Mechanical Ventilation in Pregnancy		
28 min	Trauma in Pregnancy (optional)		
25 min	Cardiac Conditions in Pregnancy (optional)		
37 min	Neurocritical Care in Pregnancy (optional)		

	SKILLS DAY
7:30 a.m. – 7:45 a.m.	Welcome and Course Announcements FCCS: Obstetrics Overview
7:45 a.m. – 8:45 a.m.	SKILL STATIONS: A and B
	A. Management of Preeclampsia
	<ul> <li>Recognize a preeclamptic patient with hypertension, and acute respiratory insufficiency</li> </ul>
	Discuss management and treatment of hypertension
	Recognize and treat eclamptic seizures
	<ul> <li>Describe hemolysis, elevated liver enzymes, and low platelet count (HELLP) syndrome</li> </ul>
	Recognize when a preeclamptic patient requires immediate delivery of the fetus
	B. Cardiopulmonary Arrest in Pregnancy
	Discuss the causes of maternal cardiac arrest

	<ul> <li>Describe maternal resuscitation, including intubation, CPR, and appropriate medications</li> </ul>
	<ul> <li>Recognize the need for early and expeditious delivery of the fetus (perimortem cesarean delivery)</li> </ul>
	<ul> <li>Describe risk factors, diagnosis, complications, and treatment options for</li> </ul>
	amniotic fluid embolism syndrome
8:45 a.m. – 9:45 a.m.	SKILL STATIONS: A and B
	A. Management of Preeclampsia
	<ul> <li>Recognize a preeclamptic patient with hypertension and acute respiratory insufficiency</li> </ul>
	Discuss management and treatment of hypertension
	Recognize and treat eclamptic seizures
	<ul> <li>Describe hemolysis, elevated liver enzymes, and low platelet count (HELLP) syndrome</li> </ul>
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	B. Cardiopulmonary Arrest in Pregnancy
	Discuss the causes of maternal cardiac arrest
	<ul> <li>Describe maternal resuscitation, including intubation, CPR, and appropriate medications</li> </ul>
	<ul> <li>Recognize the need for early and expeditious delivery of the fetus (perimortem cesarean delivery)</li> </ul>
	<ul> <li>Describe risk factors, diagnosis, complications, and treatment options for amniotic fluid embolism syndrome</li> </ul>
9:45 a.m. – 10:00 a.m.	BREAK
10:00 a.m. – 11:00 a.m.	SKILL STATIONS: C and D
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	C. Postpartum Hemorrhage
	<ul> <li>List the steps for evaluation of a patient with postpartum hemorrhage</li> </ul>
	<ul> <li>Select appropriate laboratory tests to evaluate a patient with postpartum hemorrhage</li> </ul>
	<ul> <li>Modify the treatment regimen for worsening signs of hypovolemic shock</li> </ul>
	Discuss medication options for treatment of continued uterine bleeding
	Describe possible interventions for control of continued bleeding despite
	medical therapy
	<ul> <li>D. Delivery and Neonatal Resuscitation</li> <li>Discuss procedures for vaginal delivery, clamping and ligation of the umbilical</li> </ul>
	cord, and delivery of the placenta
	cord, and delivery of the placenta  • Discuss basic neonatal resuscitation
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11:00 a.m. – 12:00 p.m.	Discuss basic neonatal resuscitation
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	Discuss procedures for vaginal delivery, clamping and ligation of the umbilical
	cord, and delivery of the placenta
	Discuss basic neonatal resuscitation
10.00	Discuss advanced skills for neonatal resuscitation
12:00 p.m. – 1:00 p.m.	LUNCH
1:00 p.m. – 2:00 p.m.	SKILL STATIONS: E and F
	E. Mechanical Ventilation
	Interpret arterial blood gases and analyze their differences in pregnancy
	Discuss endotracheal intubation
	Discuss changes to basic ventilator parameters that are specific to pregnant patients
	Discuss how the fetus may interact as an end-organ perfusion measure
	F. Trauma In Pregnancy (optional)
	List the steps of the primary survey for a pregnant trauma patient
	Identify the altered adjunctive treatments in the primary survey to improve the
	care of pregnant patients
	List the steps of a brief obstetric evaluation in the secondary survey
	Describe indications for fetal monitoring and disposition within the hospital
	Discuss the roles of the multiprofessional team for trauma in pregnancy
2:00 p.m. – 3:00 p.m.	SKILL STATIONS: E and F
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	Identify the altered adjunctive treatments in the primary survey to improve the care of pregnant patients
	List the steps of a brief obstetric evaluation in the secondary survey
	Describe indications for fetal monitoring and disposition within the hospital
	Discuss the roles of the multiprofessional team for trauma in pregnancy
3:00 p.m. – 3:15 p.m.	WRAP-UP
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