Behavioral Pain Scale (BPS) Training Poster

BPS
(intubated patients)

Facial expression

1. Relaxed
2. Partially tightened = brow lowering
3. Fully tightened = eyelid closing
4. Grimacing = folded cheek

Movements of upper limbs

1. No movement
2. Partially bent
3. Very bent with finger flexion
4. Retracted, opposition to care

Compliance with ventilation

1. Tolerating ventilation
2. Coughing but tolerating ventilation most of the time
3. Fighting ventilator but ventilation possible sometimes
4. Unable to control ventilation

BPS-NI
(non-intubated patients)

Facial expression

1. Relaxed
2. Partially tightened = brow lowering
3. Fully tightened = eyelid closing
4. Grimacing = folded cheek

Movements of upper limbs

1. No movement
2. Partially bent
3. Very bent with finger flexion
4. Retracted, opposition to care

Vocalisation

1. No pain vocalisation
2. Moaning not frequent (<3/min) and not prolonged (<3s)
3. Moaning frequent (>3/min) or prolonged (>3s)

\[1 + 2 + 3 = \text{Total BPS value}\]

from 3 (no) to 12 (maximum) pain behavior rated using the BPS