

# From Retirement to the Frontlines

A 5-Minute Overview to You Get Started

## COVID-19 Resources

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Critical Care Medicine  
The Intensive Care Professionals

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Right Now.

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COVID-19 Resources

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## From Retirement to the Front Lines

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What role do you wish to fill as the COVID-19 pandemic plays out?

- Triage
- Management
- Logistics
- Fundraising
- Spokesperson
- Patient advocate
- *Patient care in the ICU*

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## Making a Personal Skills Inventory

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- *This is the most important item on your agenda and you must do it critically.*
- Make a list of your strengths and weakness. Write them down.
- Identify where you excelled clinically.
- Identify your clinical weaknesses.

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## Making a Personal Skills Inventory (continued)

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- Make a list of organ systems and fundamental areas of critical care. A standard textbook table of contents will help with this task.
- Within each area, delineate the main pathologies you will see.
  - Neurology
    - Coma
    - Status epilepticus
    - Stroke, ischemic and hemorrhagic
- *If you have subspecialized in the past, it is reasonable to expect that you may go back to that subspecialty. This should focus your efforts.*

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## Training Resources for Focused Learning

COVID-19 Resources

- Textbook (online version recommended)
- Review articles in journals
  - If you have access to an online medical library, this is a great resource.
- Evidence-based clinical guidelines are outstanding references.
- Electronic clinical evidence-based tools (e.g., UpToDate)
- Non-peer-reviewed online resources (e.g., SlideShare)
- Online resources such as SCCM's COVID-19 resources (as well as resources from other societies and journals)
- Board review courses (expensive)

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## Practical Steps

Get you and your name out there.

- Contact the hospital where you last practiced.
  - *This will be the most expedient way to be vetted for privileges because they already know you.*
- Contact ICU directors and chiefs of departments.
- Contact county and state medical societies.
- Contact the VA. Any state license is valid in their system.
- *Is your medical license current?*
- *Be sure malpractice coverage is in place before you see your first patient.*

# Thank you and good luck!