

## **Self-Directed ICU Liberation Performance Improvement**

The use of valid and reliable bedside assessment tools to measure Pain, Agitation and Delirium (PAD) in ICU patients leads to better recognition and management of these important issues. The ICU Liberation Campaign is a quality improvement initiative that focuses on implementation of the Society of Critical Care Medicine's PAD guidelines using the newly modified ABCDEF bundle. The goal is to create lean, sustainable and highly functioning multiprofessional teams that partner with patients and their families to create a safe and comfortable ICU environment.

The Self-Directed ICU Liberation Performance Improvement online training course provides a relaxed experience to learn at your own pace from the comfort and convenience of your home or office. The goals of this course are to review the updated ABCDEF bundle, to identify any inconsistent applications of the bundle and to apply educational interventions for process improvement.

Participants will employ a template to assess sample patient data and identify areas for improvement. The course also uses tests to evaluate weaknesses and identify opportunities for bundle implementation to improve patient care.

Physicians and nurses are eligible to receive 7 hours of continuing education credit. Self-Directed ICU Liberation Performance Improvement includes eight interactive learning modules. Registrants have two years from the date of enrollment to complete the course.

### **Learning Objectives**

- Recognize valid and reliable assessment tools to prevent and manage pain, agitation and delirium in ICU patients, using the ABCDEF bundle
- Develop strategies for integrating a multiprofessional team culture
- Identify weaknesses or gaps in current ABCDEF bundle practice and data collection
- Assess skills using case vignettes and self-assessment tools

### **Continuing Education**

#### **Target Audience**

This continuing education offering is intended to meet the needs of practitioners who care for critically ill patients, including advanced practice nurses, anesthesiologists, clinical pharmacists, critical care educators, clinical nurse specialists, ICU medical directors, ICU nurse managers, in-training professionals, internists, nurses, physicians, physician assistants, respiratory care practitioners, physical and occupational therapists and other critical care practitioners.

#### **Competencies**

The Society of Critical Care Medicine (SCCM) supports recommendations that will promote lifelong learning through continuing education. SCCM promotes activities that encourage the highest quality in education that will enhance knowledge, competence or performance in critical care practice. This activity will meet the following competencies:

- Practice Applications
- Patient- and Family-Centered Care

- Quality Improvement
- Communication

### **Type of Activity**

Course content will focus on applying knowledge, practicing skills and implementing techniques of PAD strategies in the ICU.

### **Accreditation Information**

The Society of Critical Care Medicine (SCCM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designation Statement: SCCM designates this enduring activity for a maximum of 7 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nurses**

This activity has been approved by the California Board of Registered Nursing, Provider No. 8181, for up to 7 contact hours.



### **Pharmacists**

The Society of Critical Care Medicine (SCCM) is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This enduring educational activity provides up to 7 contact hours of continuing education credit (0236-0000-16-090-H05-P). SCCM reports to a continuing pharmacy education (CPE) tracking service, CPE Monitor, which will authenticate and store data for completed CPE units received by pharmacists and pharmacy technicians. The tracking system will make CPE data available for each participant to the state boards of pharmacy where the participant is licensed or registered. After CPE units are processed by ACPE and the National Association of Boards of Pharmacy, pharmacists and pharmacy technicians will be able to log in to a comprehensive electronic profile to access information about their completed CPE.



### **Physician Assistants**

The American Academy of Physician Assistants accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 7 Category 1 credits for completing this activity.

### **American Board of Internal Medicine**

This course meets the requirements for 7 Maintenance of Certification (MOC) credits. To claim MOC

credits, you must pass the posttest, select the option for Internal Medicine MOC, and enter your American Board of Internal Medicine number. Your score will be reported directly to the Board.

### **American Board of Surgery**

This course meets the requirements for up to 7 Maintenance of Certification (MOC) credits. To claim MOC credits, you must pass the posttest, select the option for Surgery MOC and request a certificate at [education@sccm.org](mailto:education@sccm.org) to self-report the credit.

CE/CME Release date: 10/01/2016

CE/CME Expiration date: 10/31/2019

### **Course Requirements**

1. To complete and satisfy the requirements of this online course, you must:
2. Complete the pretest. Read the test directions before starting the test. Complete the pretest to assess your knowledge. A passing pretest score is not required to satisfy the requirements of this course. You are allowed **two** pretest attempts.
3. View the lesson modules provided.
4. Record data and complete a gap analysis. A spreadsheet is provided for downloading within the course to complete this material.
5. Complete and submit the posttest with a score of 80% or higher. You are allowed **two** posttest attempts.
6. Complete and submit the post-work evaluation. This function will appear only upon completion of the above requirements.
7. Identify your profession to claim a continuing education certificate. This function will appear only upon completion and submission of the post-work evaluation. The course will move to the Training History section, where you may print relevant certificates.

### **Additional Support**

For additional support, visit [www.sccm.org/LearnICU-Help](http://www.sccm.org/LearnICU-Help), or contact SCCM Customer Service at [support@sccm.org](mailto:support@sccm.org).

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## Disclosures

All faculty participating in continuing medical education programs must disclose to the learner any financial interests with any commercial supporter or other relationships with manufacturers or providers of any product or service related to the content of their presentation. All content is peer-reviewed to ensure its quality and independence. The following financial relationships were disclosed:

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### **Continuing Medical Education Review**

For the purposes of continuing medical education (CME), each activity is reviewed before it is posted online. Members of this committee recuse themselves from the process for a specific activity if they have any relevant financial relationships that may pose a conflict of interest. The following relationships were disclosed:

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